

Switching to X-Ray or E-Beam for sterilization of medical devices

View from a Notified Body

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**Mehr Wert.
Mehr Vertrauen.**

**Add value.
Inspire trust.**



Topics

- Notified bodies
- Regulations and transition periods
- State of the art
- Standards
- Documentation for change notification
- Deficiencies

Disclaimer

General

Please be aware, that for regulatory reasons to ensure independence, impartiality and objectivity of TÜV SÜD Product Service GmbH we are not offering or providing services which may jeopardise the confidence in our independence, impartiality or objectivity, in particular pre-certification services or consultancy that consist in providing solutions to you (e.g. gap analysis, check of MDR / IVDR readiness, use of mock-up files produced instead of real technical documentation assessments, technical solutions, individual questions about system or product design etc.)

This does not preclude general training activities that are not client specific and that relate to regulation of devices or to related standards as well as technical meetings for the purpose of exchange of technical information and regulatory guidance between TÜV SÜD Product Service GmbH and a manufacturer applying for conformity assessment.

Please refer to the test and certification regulations of TÜV SÜD for further information:

<http://www.tuvsud.com/ps-gtc>

Regulatory approval in the EU



Notified Bodies (NB)

Nando:

<https://ec.europa.eu/growth/tools-databases/nando/index.cfm?fuseaction=diractive.main>

- 23 NB's for MDR



Search criteria :

Legislation :
Procedure /
Article or annex :
Products :

Regulation (EU) 2017/745 on medical devices

ALL

ALL

Horizontal technical
competence :

ALL

[Search](#)

Withdrawn/Expired/Suspended Notifications/NBs are not displayed in this list, you can find them in the Body module under the hyperlink "[Withdrawn/Expired/Suspended Notifications/NBs](#)"

Body type ▲	Name ▲	Country ▲
▸ NB 2265	3EC International a.s.	Slovakia
▸ NB 2797	BSI Group The Netherlands B.V.	Netherlands
▸ NB 2409	CE Certiso Orvos- és Kórháztechnikai Ellenőrző és Tanúsító Kft.	Hungary
▸ NB 1912	DARE!! Services B.V.	Netherlands
▸ NB 0344	DEKRA Certification B.V.	Netherlands
▸ NB 0124	DEKRA Certification GmbH	Germany
▸ NB 2460	DNV Product Assurance AS	Norway
▸ NB 0297	DQS Medizinprodukte GmbH	Germany
▸ NB 0537	Eurofins Expert Services Oy	Finland
▸ NB 0477	Eurofins Product Testing Italy S.r.l.	Italy
▸ NB 0459	GMED SAS	France
▸ NB 0051	IMQ ISTITUTO ITALIANO DEL MARCHIO DI QUALITÀ S.P.A.	Italy
▸ NB 0373	ISTITUTO SUPERIORE DI SANITA'	Italy
▸ NB 2862	Intertek Medical Notified Body AB	Sweden
▸ NB 0476	KIWA CERMET ITALIA S.P.A.	Italy
▸ NB 0483	MDC MEDICAL DEVICE CERTIFICATION GMBH	Germany
▸ NB 0482	MEDCERT ZERTIFIZIERUNGS- UND PRÜFUNGSGESELLSCHAFT FÜR DIE MEDIZIN GMBH	Germany
▸ NB 0050	National Standards Authority of Ireland (NSAI)	Ireland
▸ NB 0598 (ex-0403)	SGS FIMKO OY	Finland
▸ NB 1936	TUV Rheinland Italia SRL	Italy
▸ NB 0197	TÜV Rheinland LGA Products GmbH	Germany
▸ NB 0123	TÜV SÜD Product Service GmbH Zertifizierstellen	Germany
▸ NB 2696	UDEM Adriatic d.o.o.	Croatia

Simplified interaction of involved parties

Com = Commission

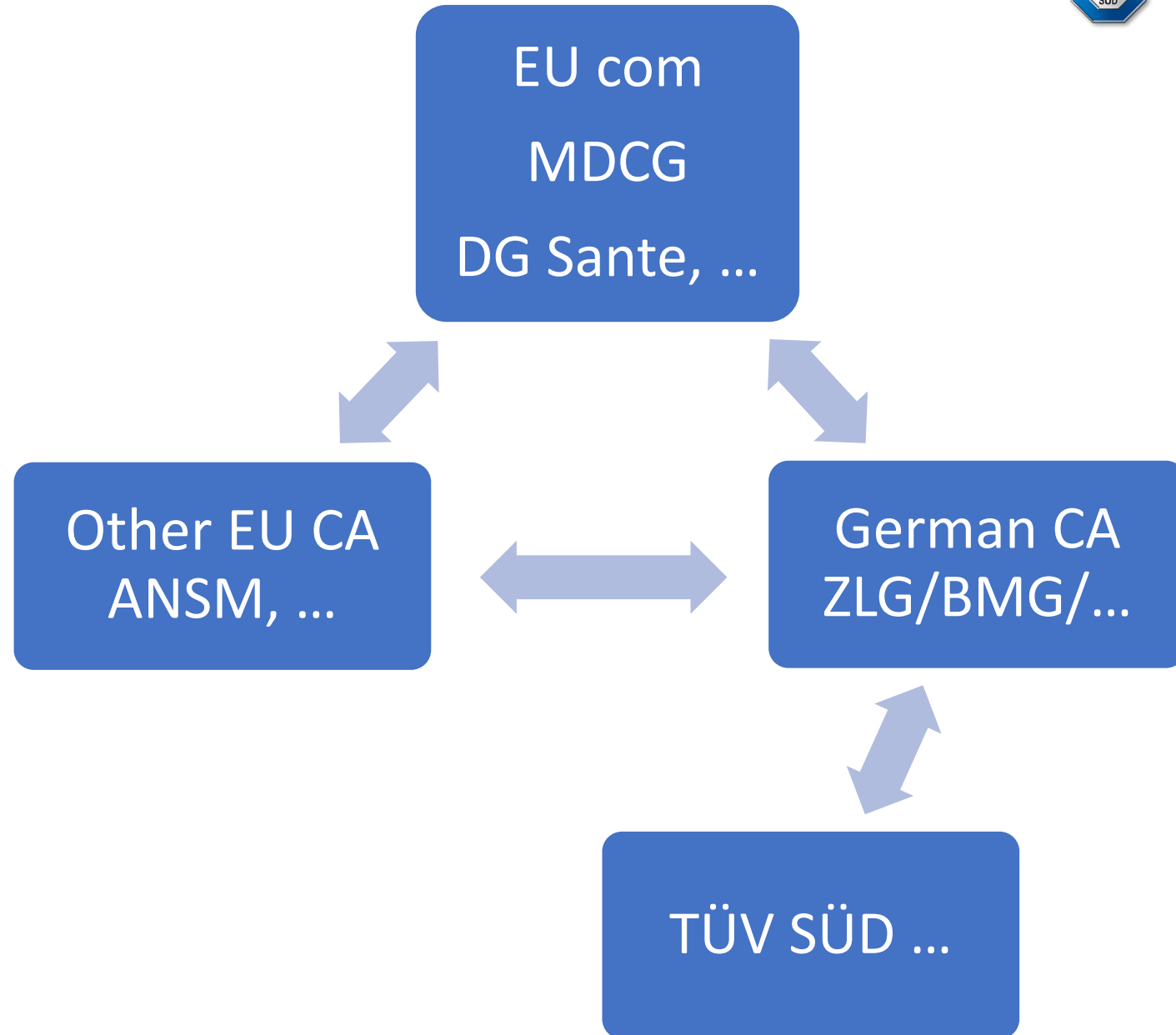
MDCG = Medical Device coordination Group

DG SANTE = Directorate-General for Health and Food Safety

BMG = German Ministry of Health

CA = Competent Authority

NB = Notified Body



MDR Annex I – GSPR

<https://eur-lex.europa.eu/legal-content/EN/TXT/HTML/?uri=CELEX:32017R0745&from=DE>

Requirement 1

-they shall be **safe and effective** and shall not compromise the clinical condition or the safety of patients,
- taking into account **the generally acknowledged state of the art**.
- The manufacturer shall establish, implement, document and maintain a **risk management system**.
- Risk management is a **continuous iterative process throughout the entire lifecycle** of a device, requiring regular systematic update.



State of the art - MDCG 2021-5

https://ec.europa.eu/health/sites/default/files/md_sector/docs/md_mdcg_2021_5_en.pdf

is not a legally defined concept - involves several and complex aspects - difficult to be expressed in a single and clear definition.

Examples:

- “*The concept of essential requirements is **based on the assumption that the harmonised standards reflect generally acknowledgeable state of the art** and the ESO review standards regularly*” (“The ‘Blue Guide’ on the implementation of EU product rules”³⁹, section 4.1.2.5., p. 49).
- “*The **most recent editions of standards** published by the standardisers should be considered as reflecting state-of-the-art, regardless of the OJ referencing*” (COM statement, Minutes of the meeting of the MDCG Subgroup on Standards held on 20 May 2019 ⁴⁰, item 3, p. 1).
- “*State of the Art: **Developed stage of technical capability at a given time as regards products, processes and services, based on the relevant consolidated findings of science, technology and experience.** NOTE 1: The state of the art embodies what is currently and **generally accepted as good practice** in technology and medicine. The state of the art does not necessarily imply the most technologically advanced solution. The state of the art described here is sometimes referred to as the ‘generally acknowledged state of the art’. (Modified from ISO/IEC Guide 2:2004)*” (IMDRF/GRRP WG/N47 FINAL:2018 Essential Principles of Safety and Performance of Medical Devices and IVD Medical Devices ⁴², 3.43, p. 11).

State of the art / some Standards

ISO 13485:2016/AC:2018 Documentation / Validation of Process

EN ISO 14937:2009 Validation and characterization of sterilization processes in general

EN 556-1 Defines „sterile“ level (SAL) for products labeled “sterile”

EN ISO 11137-1:2015/A2:2019 Development, validation and routine control

EN ISO 11137-2:2015 Establishing the sterilization dose

EN ISO 11137-3:2017 Dosimetry aspects

ISO/TS 11137-4:2020 Process control

ISO TS 13004: VDmaxSD

EN ISO 11737-1:2018 Determination of bioburden

EN ISO 11737-2:2020 Test of sterility

AAMI ST72 Pyrogens

AAMI TIR 29:2017 Guide for process characterization and control (superseded by ISO/TS 11137-4)

AAMI TIR 35:2016 Alternative Sampling plans / Product adoption

AAMI TIR 17:2017 Material qualification

AAMI ST67 Requirements and guidance for selecting a sterility assurance

ISO ASTM 51261 calibration routine dosimeters

ISO ASTM 51275 radiochromic film dosimeters

ISO ASTM 51276 PMMA Dosimeters

ISO ASTM 51607 Alanine Dosimeters

ISO ASTM 51608 dosimetry x-ray

ISO ASTM 51631 calorimetric dosimetry e-beam

ISO ASTM 51649 dosimetry e-beam

ISO ASTM 51702 dosimetry gamma

ISO ASTM 51707 estimation of uncertainty

ISO ASTM 52303 Dose Mapping

ISO ASTM 52628 Dosimetry

ISO ASTM 52701 performance characteristics of dosimeters

Standards are ‚voluntary‘

-choosing to use a standard or not, as appropriate and applicable, belongs to the manufacturer, within its overall and ultimate responsibility on the legal compliance of products intended to be placed on the EU market.
(MDCG 2021-05)
- ... provide a level of protection that is equivalent to that provided by harmonised standards;
- Deviating approaches to ISO 11137 are acceptable if appropriately justified (e.g. ISO TS 13004, AAMI TIR 35)

ISO 11137-1: 8.4 Transference of VD, D_{ster} and $D_{max,acc}$

$D_{max,acc}$

- Assessment if differences in operating conditions (e.g. dose rate, temperature) do not affect product performance
- Higher dose rate → unwanted effects upon product are less likely
- Transference of VD and D_{ster} is always allowed from gamma to different gamma facility

For E-Beam and X-Ray:

- For dry products:, transference of VD and D_{ster} is allowed between identical technology (e.g. from E-beam to E-beam)
- For **products which contain water** the radiation sources have to operate under **identical conditions**.

VD, D_{ster}



Show that differences in operating conditions of the two radiation sources have **no effect on microbicidal effectiveness**

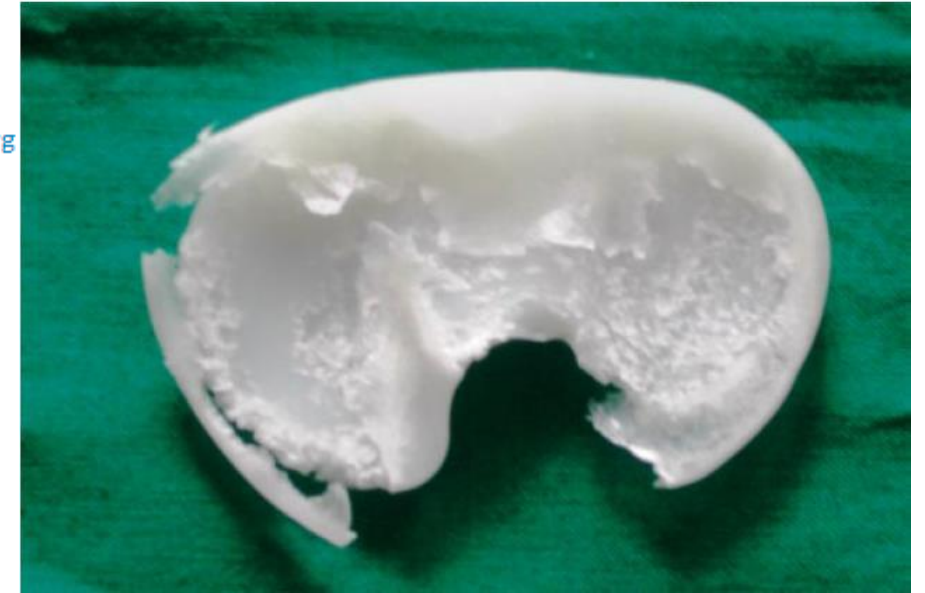
Risk based approach

- microbial growth promoting devices (moisture)
- devices with critical long-term mechanical performance (e.g. knee implants)
- interaction of product and packaging
- devices where biocompatibility might change



Influence of radiation conditions on the wear behaviour of Vitamin E treated UHMWPE gliding components for total knee arthroplasty after extended artificial aging and simulated daily patient activities

Jens Schwiesau ^{a, c}  , Bernhard Fritz ^a, Georg Thomas M. Grupp ^{a, c}



Destroyed Tibialinlay, Utzschneider S, Paulus AC, Schröder C, Jansson V. Possibilities and limits of modern polyethylenes. With respect to the application profile. Orthopade. 2014 Jun;43(6):515-21

EO as previous technology

clause 8.4 does not apply

-> full spectrum of validation necessary

+ packaging validation according to ISO 11607

Undesirable effects

Mitigation measures

- Cooling
 - e.g. by dry ice

Note: alters the response of dosimeters
-> in dose mapping use surrogate material
- Vacuum packaging in inert gas atmosphere (minimize oxidization)
- For both: modification of kill effect needs to be considered in microbiological validation



Old versus new EU regulation



MDR §120(3): changes during transition period

(...) A **device with a certificate** that was issued in accordance with Directive (...) may only be placed on the market or put into service (...) provided there are **no significant changes in the design and intended purpose**.

- Article 120 is applicable to **all** devices with a certificate independent of conformity assessment procedure and class (Ix, IIa; IIb, III).

➔ Changes not related to design and intended purpose are allowed.

Guidance is provided in MDCG 2020-03

https://ec.europa.eu/health/sites/default/files/md_sector/docs/md_mdcg_guidance_significant_changes_an nexes_en.pdf

Significant ≠ Significant (change)

- Significant in **MDR §120** (guidance in MDCG 2020-03) means switch to MDR before significant change is implemented
- changing sterilization technology is a significant **NBOG-BPG 2014-3** change for which a change notification (CN) has to be submitted to your NB
- Switching from Gamma to X-Ray or E-Beam is not considered significant (MDR §120) but significant related to (NBOG-BPG 2014-3)
- Switching from Ethylene oxide to Radiation sterilization is considered significant (MDR §120)

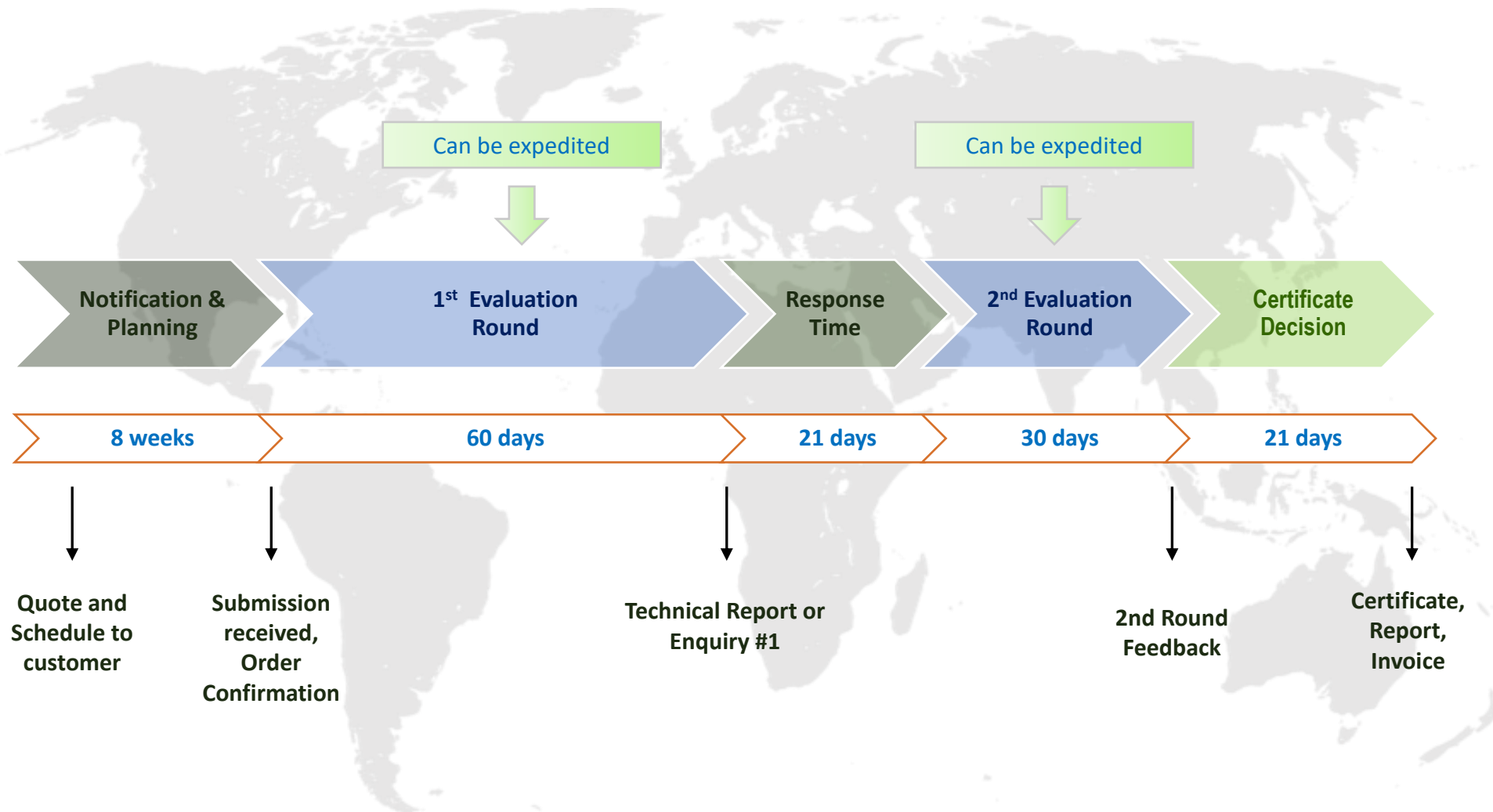
Summary

when you decided to change your sterilization technology

- after performing the feasibility studies
- and taking into account the state of the art
- and before implementation of the change
- check with **your** notified body about procedures and timelines, forms and checklists

TÜV SÜD Technical Documentation Service Model

Standard Timeline – 90 workdays + 8 weeks prenotification



TÜV SÜD Forms and checklists

<https://www.tuvsud.com/en/industries/healthcare-and-medical-devices/medical-devices-and-ivd/questionnaires-and-application-forms-for-medical-devices>

Appendix D

Plans for substantial change(s) to the quality management system/product

Manufacturer:

Application identification:

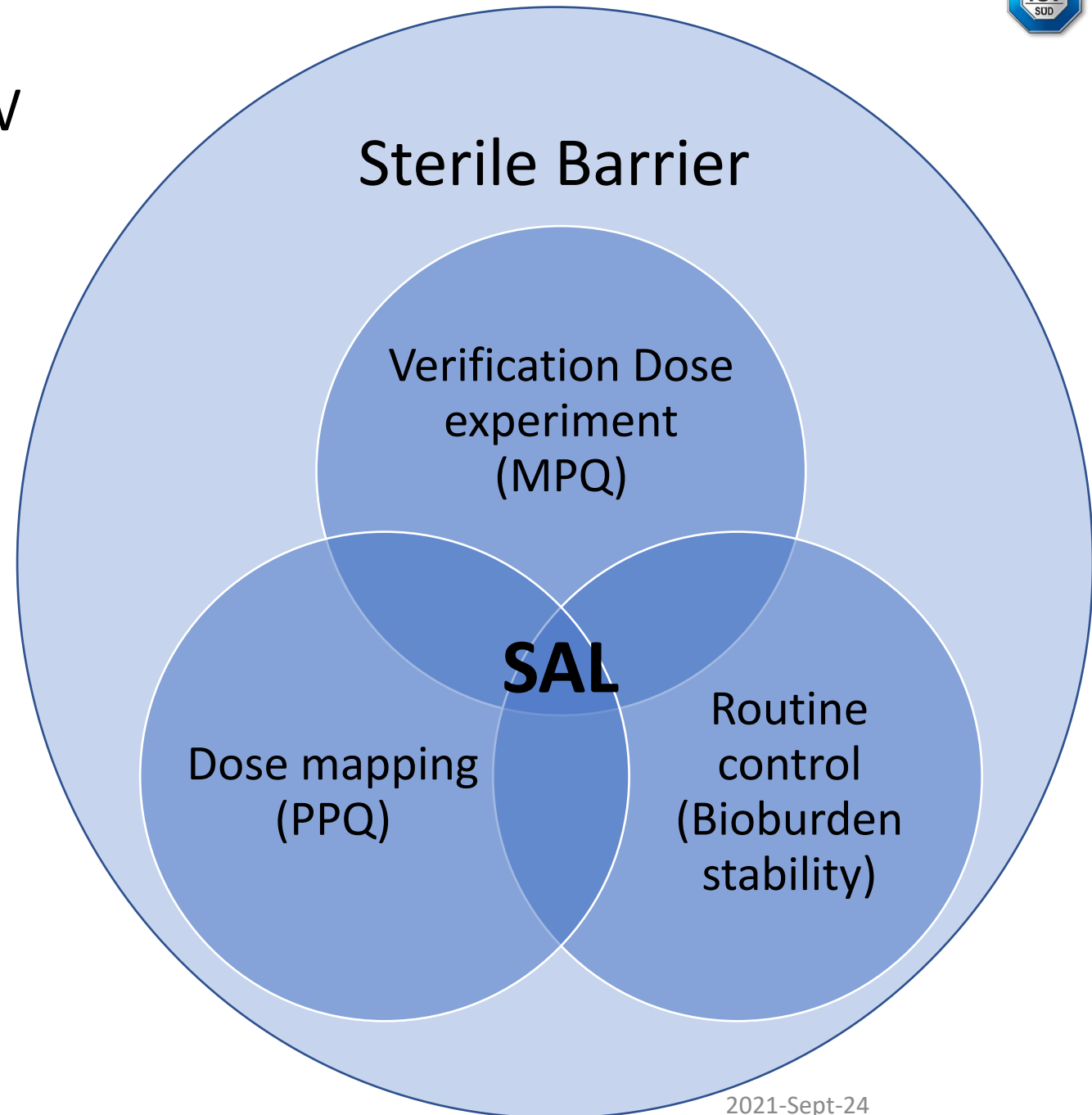
<https://www.tuvsud.com/en/industries/healthcare-and-medical-devices/sterilisation-practices-control-and-validation/biological-safety-checklists>

Client Checklist Irradiation Sterilization

Notified Body (NB) review

Evidence/discussion/justification that product performance after change fulfills specification and regulations:

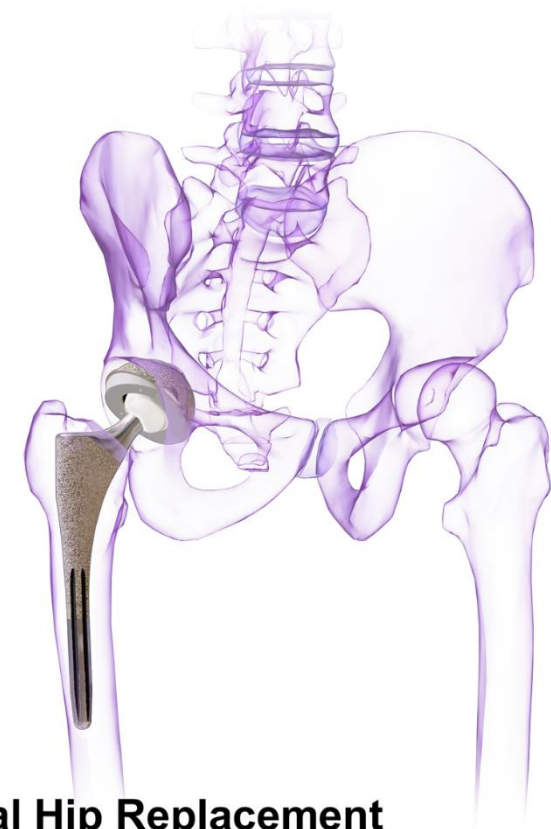
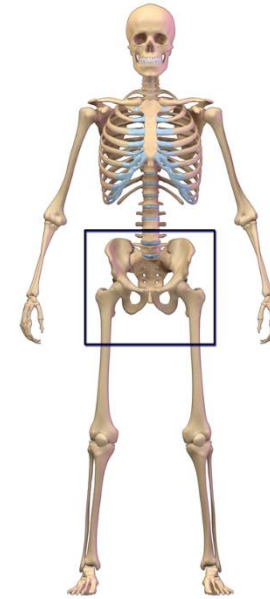
1. Sterility Assurance (SAL)
2. Packaging Performance (sterility is maintained during transport and shelf life after irradiation with worst case dose)



Notified Body (NB) review

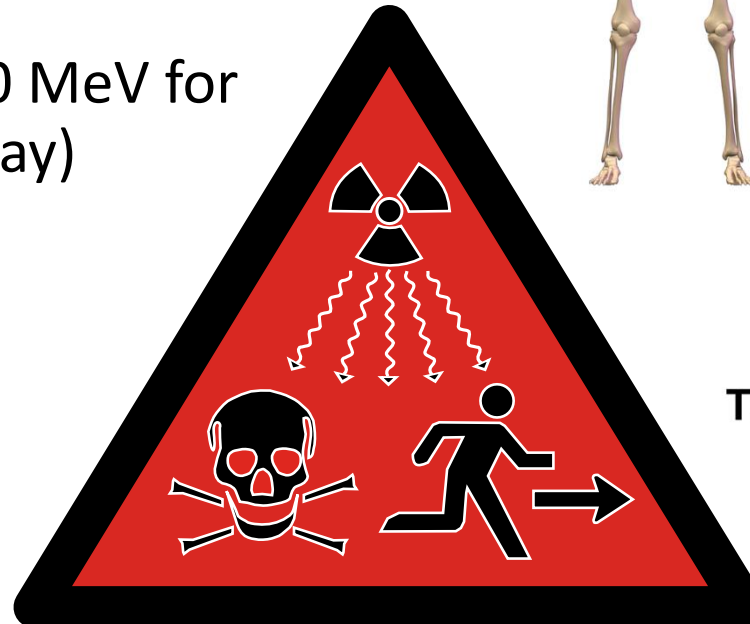
Check performance after irradiation with worst case dose and throughout lifetime of device:

3. Biocompatibility
4. Product functionality
5. Induced radioactivity ($E > 10 \text{ MeV}$ for E-beam or $E > 5 \text{ MeV}$ for X-ray)



Total Hip Replacement

[CC BY-SA 4.0 BruceBlaus](#)



Documentation to be submitted for CN

- Change Notification form / Updated list of critical suppliers
- Quality Management and/or accreditation **certificates of suppliers (including attachments)**
- Validation **plan(s)** & report(s)
- Dose Audit and Bioburden **History**
- Bioburden and Sterility **Test Method validation**
- Identification and description of used sterilization equipment and **conveyor system**
- Description of the **load and how it is exposed to radiation** (orientation, density, packaging) and **why it is representative** for the routine sterilization load.
- List of **all affected products**

Deficiencies and issues that delay assessment

- Read suppliers test reports **before** submitting them to the NB (Is the report conclusive? Did all tests pass? Are there deviations which need clarification?)
- Describe what was done, when, how, under which circumstances
- Involve **competent persons** (Microbiology, Physics, etc.)
- Make your **pdf's searchable** (OCR) and allow comments and highlighting in document
- Justify if standard or guidance is not followed
- Traceability: is it clear for each report if it is applicable for the product?
- Provide structure and table of contents to submission package
- Get in touch with the assessor / clarify misunderstandings

Physical PQ - Dose mapping

Check regions with suspicion of:

- shielding effects
- dose accumulation (E-Beam)
- transitions of densities

At least three **reproducible** runs.

- For each deviating load (min/max)
- sufficient number of dosimeters in every run
- Justify if some zones are not dose mapped

Physical PQ - Dose mapping

E-Beam dose mapping is more complicated:

- usually, dosimeters have to be placed inside packaging (critical evaluation/simulation before actual dosemapping)
- Natural variation of dose due to varying (e.g. moving) load + dosimetry uncertainty can sum up to total budget of 10% or more. Both shall be considered.
- Good examples for different technologies in ISO/TS 11137-4

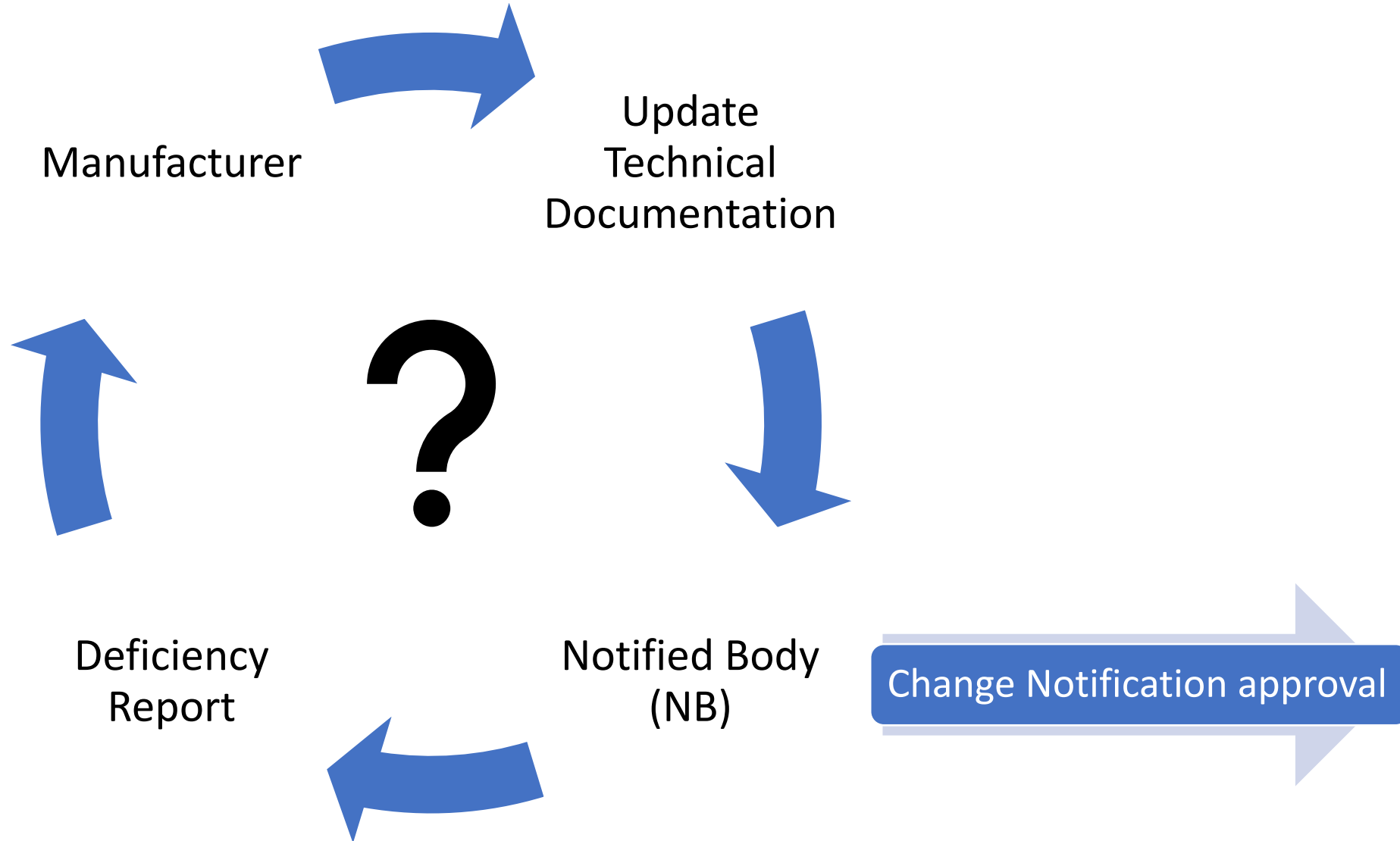
Microbiological PQ - Verification Dose experiment

- Did changes (also improvements) **accumulate** which justify an adaption of the verification dose
- Do all members product families have bioburden similar in numbers **and types**?
- Do not use limit of detection (e.g. „Bioburden < 10 CFU -> 10 CFU should not be used for Verification Dose determination)
- Provide test or rationale if anaerobic microorganisms are not considered.
- Adjust bioburden action limit to bioburden history (e.g. no general 1000 CFU for VDmax25)

Summarize and document results and conclusions

- dose range at routine monitoring position(s)
- load variations (e.g. density, product variants)
- bioburden variation (single/average)

Regulatory approval in the EU



What next?

- Read regulations, standards, guidances and scientific literature (not just abstract and summary)
- Switch to E-Beam or X-Ray
- Share your data and experience

